

CARL MASSY'S LIFE MASTER PLAN



How to Create Your Life Master Plan by Carl Massy (Part 3)

Now you know what your **PURPOSE** is (or might be) it is time to form a **PRIMARY GOAL** that will take you in the direction of this 'worthy ideal'.

Success is the progressive realisation of a worthy ideal – Earl Nightingale

And just to remind you. This **PURPOSE** might be full-time or part-time. It is just something you need to be doing because it is coming from your heart and in a way that serves others.

In order to enact some, or all, of your **PURPOSE** you need to be, or could be, doing the following:

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____

Of the things you listed above; what is one of the most important GOALS? In fact if you achieved just this goal, a number of the other goals would automatically fall into place? This is your 'Primary Goal'.

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Is it a Worthy Goal? (We want 3 yeses)

Is this Goal good for ME? _____

Is this Goal good for OTHERS? _____

Is this Goal good for the GREATER GOOD? _____

Now it is time to create some 'emotional energy' by getting clear of your WHY!!

Why is the attainment of this Primary Goal so important to you?

In order to achieve this goal, who do you need to BECOME?

The 8-Pillars to Authentic Success (from *The Guidebook to Authentic Success* by Carl Massy)

Which area do you still need to pay extra attention to? (on your way to your Primary Goal). Rate them on a scale of 1-10. Notice the ones below an 8/10.

1. Daily joy
2. High quality relationships
3. Feeling connected
4. Growing / Evolving
5. Meaningful life goals

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6. Financial flow
7. Aligned with authentic self
8. Optimum health & vitality



What is something you can do right now (big or small) that will take you one step closer to your Primary Goal?

How does it make you feel to know you are stepping towards your Primary Goal? Feel that feeling right now. Connect to it.

How would you like an expert strategist and Coach to work with you to really define, refine and kick into gear your Life Master Plan? Invest in you and invest in your life. Send me an email at carl@carlmassy.com to start creating some magic together + follow the LIFE MASTERCLASS Podcast for on-going insights.