

# CARL MASSY'S LIFE MASTER PLAN



## How to Create Your Life Master Plan by Carl Massy (Part 1)

**So now you know WHY your Life Master Plan is so important. It is a big factor in your overall happiness, fulfilment and success in life.**

Today you will use your powerful mind and imagine yourself in 3-5 years time; living your ideal life. Play with it. Have fun. Get creative.

Where would you be living? What sort of house (or boat)? What relationship would you have? What sort of work are you doing? What does a typical day look like? Where would you travel? What would your family look like? What does your body look like? What have you created? What does a week look like?

**Now write down what your IDEAL LIFE would look like in as much detail as possible.** You are planting seeds in your mind as you do this:

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**Is this IDEAL LIFE 'possible'?** \_\_\_\_\_

**What would you be prepared to do to create this IDEAL LIFE?**

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**How does your IDEAL LIFE make you feel?** Connect to this feeling.

**Part 1. Seeing the possibility of your IDEAL LIFE. Done!!**  
**See you soon for Part 2**